



Regenerative Medicine Research Project: Our Practice's Results

Many of you have had regenerative medicine treatments with us in the form of platelet-rich plasma (PRP) or stem cells.

Our practice participates in an exciting global study called Surgical Outcomes Systems (SOS), where we are tracking our regenerative medicine outcomes.

What's great about SOS is that it allows us to capture data to support the value of regenerative medicine more broadly within medicine. We also get to see how our practice stacks up globally.

Early Outcomes

In most cases, we are at global averages or above:



Knee Stem Cell at 6 months post-treatment:

- *Global average:* 70% reduction in pain
- *Integrated Orthopedics:* 70% reduction in pain

Knee PRP at 6 months post-treatment:

- *Global average:* 70% reduction in pain
- *Integrated Orthopedics:* 69% reduction in pain



Shoulder Function Stem Cell at 6 months post-treatment:

- *Global average:* 22% improvement
- *Integrated Orthopedics:* 25% improvement

Shoulder Function PRP at 6 months post-treatment:

- *Global average:* 23% improvement
- *Integrated Orthopedics:* 24% improvement

