

# Study Results Show Efficacy of Platelet Rich Plasma Therapy (PRP) for Chronic Tennis Elbow

## PATIENTS



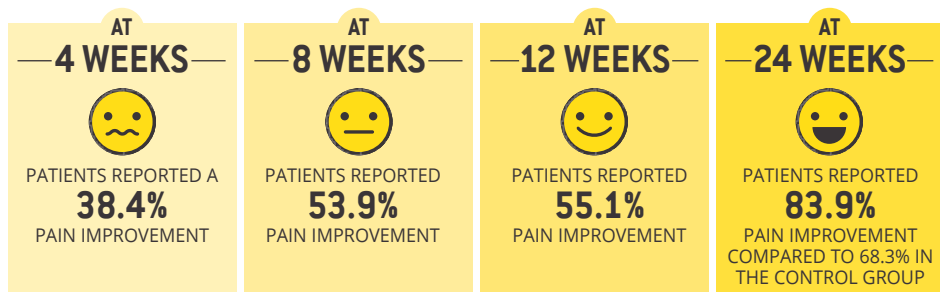
- Average Age: **48 Years Old**
- **230** Patients
- **Multicenter Study** (12 medical facilities participated)
- Double blinded placebo controlled (anesthetic) **Trial**
- Patients had **3 months of symptoms** and failed conventional therapy

## THE INJECTION

The Study compared a single injection of PRP vs. anesthetic and followed patients at 4, 8, 12 and 24 weeks.



## AFTER THE TREATMENT



### Findings



No significant complications occurred in either group



At each follow-up, PRP-treated patients reported more improvement in their pain scores



Based on this data, patients should consider PRP treatment over surgical intervention for some conditions based on similar success rate, lower cost and reduced risk



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### The American Journal of Sports Medicine

Efficacy of Platelet-Rich Plasma for Chronic Tennis Elbow: A Double-Blind, Prospective, Multicenter, Randomized Controlled Trial of 230 Patients.

Allan K. Mishra, Nebojsa V. Skrepnik, Scott G. Edwards, Grant L. Jones, Steven Sampson, Doug A. Vermillion, Matthew L. Ramsey, David C. Karli and Arthur C. Rettig. Am J Sports Med 2014 42: 463 originally published online January 2014. DOI: 10.1177/0363546513494359